

SPIRITUAL PATHWAYS DISCUSSION GUIDE

CONNECT

Pick a story card that best represents how you relate to God.

If you don't have access to story cards, ask the question, "When do you feel most connected to God?"

LEARN

Open with prayer, then watch the "Spiritual Pathway" video.

Wonder Pathways: In Awe of Who God Is and What He Has Done

- Naturalists: Loving God outdoors
- Sensates: Loving God with the senses (singing, dancing, and art)
- Traditionalists: Loving God by pausing and reflecting

Contemplative Pathways: Connecting to God in Spaces to Reflect by Themselves

- Ascetics: Loving God in solitude and simplicity
- Contemplative: Loving God through thinking deeply
- Intellectuals: Loving God with the mind (read, listen, and process)

Action Pathways: Energy and Desire to Do Things for Jesus

- Activists: Loving God through creating solutions
- Caregivers: Loving God by loving others
- Enthusiasts: Loving God through celebration

"Ask and it will be given to you; seek and you will find; knock and the door will be opened to you."

Matthew 7:7 NIV



APPLY

- Explain to the group which spiritual pathway(s) resonates with you and the way you relate to God. Give an example.
- Which spiritual pathway is the least natural for you? Why do you believe this is?
- Knowing your spiritual pathway, what are practices you can put in place to be more consistent and intentional in relating to God?
- What other spiritual pathways can you pursue, and what steps can you take to help you in your pursuit of your relationship with God?
- If you are married, what is your spouse's spiritual pathway? Is it different than yours? What is one way you can support and encourage your spouse to pursue God through their spiritual pathway?

PRAY

Heavenly Father, you are great, and we want to know you more closely and experience more of you. We pray you reveal yourself to us and help us be more aware of your presence through your Holy Spirit. Thank you for creating each of us uniquely and for meeting us where we are. Help us to continue growing deeper with you and one another. Amen.

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