

PAUSE AND REFLECTION GUIDE

We hope your Community Group is becoming an experience where you connect relationally and grow spiritually. We also hope the relationships you are forming will continue to flourish as you journey together.

WIN

Reflect and celebrate the changes that are happening in the group.

WHAT YOU'LL NEED

- A notecard and pen for each member of your group
- Communion supplies (bread and juice to share)

OPENING PRAYER

Heavenly Father, Help me to love the life I have right now. Show me the good things I often overlook and help me to be content. Forgive me when I compare myself to others; forgive me for looking for things outside of you and your kingdom. Thank you for loving me right where I am, right as I am. Thank you for friends, for health, and for grace. May I live this and every day conscious of all that has been given to me. Help me keep my eyes on you. In Jesus's name, amen.

CONNECT

During this meeting, take time as a group to reflect on how you've grown together over the last few months. You'll need a notecard and a pen for each member of your group.

- For the first 10 minutes, write an encouraging card to someone in the group. The goal is for each member to get a card. Consider sharing as a group by reading them out loud or sending them home with each person.
- For Married Groups: Spouses write a card to each other.
- For Men's or Women's Groups: Write to the person to your left.

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Reflection Questions as a Group:

- Where have you seen God at work in your life?
- Where have you seen God at work in the lives of other group members?

Reflection Timeline During the Course of the Group Thus Far:

1. *Group Fun*: What are some of the moments you shared outside of your usual meetings? What's been a highlight during the last few months together?
2. *Serve Together*: Did you serve together in the community? How would you like to serve together next time?
3. *Personal Milestones*: During the course of the group, did anyone experience important life events or milestones? Did the group support one another through anything significant, such as a new baby, home, new job, a graduation, an illness, etc.?
4. *Spiritual Milestones*: How have you seen God at work in your life? How have you seen God at work in other group members' lives? Examples: Did anyone start reading the Bible regularly? Did anyone start praying with their spouse? Did someone join a volunteer team? Did anyone try a new spiritual discipline?
5. *Answered Prayer*: What are the things you prayed for together and saw God answer?

MOVING FORWARD

Now's the time to talk about how long your group plans to stay together. Most groups meet together for a set period of time, usually between 12–18 months.

- We will commit to meeting together for the next _____ months. At least a month before, we will have a conversation as a group about whether to conclude our group or extend it further. A good time to revisit your group plan is November and April.

COMMUNION

Use this time to remember and celebrate what Jesus has done for us. We've created this [Communion Guide](#) to assist you during this activity.

CLOSING PRAYER

Spend time praying and thanking God for one another, his faithfulness, and how he has grown each person.

WHAT'S NEXT

Plan your next social and set a date for your next group meeting.