

# AWESOME: BUILDING GREAT RELATIONSHIPS

What would it feel like to be more deeply known by a few close friends? Would this free your mind and spirit to trust God and others more intimately? Do you want to be loved for who you are and not just the person you portray at work, with friends, or on social media? How can you build and invest in healthy relationships? In this two-week Scripture reading plan, Rick Warren helps us reimagine and practice what it's like to share our lives authentically with one another, love people well, and build community.

## **BEFORE YOU BEGIN:**

Join the "Awesome: Building Great Relationships" reading plan.

Members will need to download and create a free account with the <u>YouVersion Bible App</u> to join the reading plan. This reading plan is best done together. Have someone in the group start the plan and invite friends to read along together. Each day you will have an opportunity to answer the questions provided. Bring your answers to the group to talk about them together.

In Part 1 you will discuss Days 1–5 in the reading plan, and in Part 2 you will discuss Days 6–10.

## PART 1

It's time to dig into some content and grow together. Remember, this is a safe environment. Your input is valid and welcome, so join in!

#### WIN

Grow in your relationship with the other members of your group and with God.

#### CONNECT

Spend some time answering questions on the <u>Questions in a Box App</u> and connect on a personal level through icebreaker questions.

### LEARN AND APPLY

Read out loud these two Scripture verses:

There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love. 1 John 4:18

Each of us should please our neighbors for their good, to build them up. Romans 15:2





Discussion questions are offered in each daily devotion under "Talk It Over." Choose four to five questions per group meeting to discuss.

#### DISCUSSION QUESTIONS

- 1. Which of these is most difficult for you to do with a friend: share hurts, reveal feelings, confess failures, disclose doubts, admit fears, acknowledge weaknesses, or ask for help and prayer? Why do you think this is so?
- 2. Why do you think vulnerability is so important to deepen a relationship?
- 3. What insecurities or fears keep you from opening your life and heart to someone, whether it's your spouse, a friend, or a family member?
- 4. How can you trust God's love and release your fears?
- 5. In what ways does our culture fuel relationship insecurities?
- 6. What does it look like when you are selfless with a friend, co-worker, or family member?
- 7. Do you have a relationship in which it's hard for you to be selfless? Why?
- 8. What are some specific ways your body language can demonstrate that you are really listening to another person?

### PRAY

You'll pray together throughout your time as a group. Ask God to allow what you've learned from the study to help you form new habits relating to your group members and those you love and connect with outside of the group.

#### WHAT'S NEXT

You'll complete Days 6–10 in the "Awesome: Building Great Relationships" reading plan prior to the next meeting.

