



(7) SEVEN QUESTIONS THAT RATTLE IN THE MINDS OF MOST MEN

SESSION 7

Here we are . . . the final session of (7).

The question we'll address is, *Who Can I Trust?* The big idea is that *secrets are too powerful to keep*. It's critical that men live with open, honest, and safe friendships. We'll talk about the kinds of relationships that let us do this.

Session 7 - Warm Up:

1. Do you currently have the kind of trusted friendship John describes? Have you ever had that kind of friendship?

Session 7 - Discussion Questions:

1. Which characteristic of a two-way relationship is important to you?
 - **Chemistry:** *Do I get along with this guy?*
 - **Curiosity:** *Is he a guy who would say, "Tell me more"?*
 - **No Competition:** *Is this guy always trying to one-up me?*
 - **Cheerleading:** *Is this a guy who cheers me on in life?*
 - **Shared Values:** *Does this guy value faith, marriage, and family as I do?*
 - **Common Interests:** *Do we enjoy the same activities?*
 - **Safety:** *Can I trust this guy with a secret?*
2. Do you agree there are things a man should tell a trusted male friend but not his wife? Why or why not?
3. What would be your next step in finding the kind of friendship John talks about?

Thank you for your commitment to the (7) journey. Way to finish strong!

John Woodall